



MICHIGAN XTREME TRAINING CENTER MEMBERSHIP PROGRAM



www.ttsfitness.com

“TRAIN WITH THE BEST ...TO BE THE BEST”

Michigan Xtreme LLC is located inside of TTS Fitness and offers the **BEST** training and facility in West Michigan dedicated to the sport of wrestling! Check out our facility, and our programs or contact us for more information. Below you will see individual practice pricing as well as programs for your wrestler or your whole family to help them stay fit and healthy

2017/2018 Program Pricing

\$29 per month Single Membership – Includes 1 practice per week plus open mat time and open gym

\$45 per month Dual Membership – Includes 1 practice per week plus open mat time and open gym

\$60 per month Family Membership 3 or more – Includes 1 practice per week plus open mat time and open gym

NOTE: During certain times of the year we will offer more than 1 practice per week. If more than 1 practice is attended, then a \$5 drop in fee will apply for the extra practice.

All pricing is per month and requires a 12 month commitment. By agreeing to this, your credit card will be billed the monthly amount on the 1st day of each month starting November 1st 2016. If you sign up after November 1st, the first months charge will be pro-rated and then monthly charges will be billed on the 1st of each month thereafter.

Drop in Pricing

Single Wrestler Drop in \$15

2 Wrestler Drop in \$25

3+ Wrestlers Drop in \$30

Strength and Conditioning Personal Training \$35 per hour

One on One Wrestling Instruction \$35 per hour

Other Classes offered at TTS Fitness: *YOGA – Zumba – PiYo Live – Hard Core Cross – Kickboxing Cardio – MMM - HIIT – Adult Circuit classes – Personal Training – Strength and Conditioning Programs – Your Fitness Classes (MAC = Movement, agility, and conditioning)*

CONTACT INFORMATION: EMAIL: ttsfitnessmx@gmail.com PHONE: (616) 284-7566

MICHIGAN XTREME 640 Arlington Court, Middleville, MI 49333

APPLICATION FOR

WRESTLER'S NAME: _____ DATE OF BIRTH: _____ SCHOOL: _____ GRADE: _____ WT: _____

ADDRESS: _____ CITY/ST/ZIP: _____ PHONE #: _____ CELL #: _____

PARENT/ LEGAL GUARDIAN'S NAME: _____ EMAIL ADDRESS: _____

LIABILITY RELEASE FOR

TTS Fitness Inc./Michigan Xtreme, LLC, its owner, staff, guests, agents and its landlords do not assume liability for any injuries incurred while at or on the way to and from Michigan Xtreme, LLC. The students, in attending Michigan Xtreme, LLC and in using the Michigan Xtreme, LLC facility does so at his or her own risk. Michigan Xtreme, LLC, staff and its landlords shall not be liable for damages arising from personal injury sustained by the student during the classes or at the facilities. The student and/or parents assume full responsibility for any damages or injuries which may occur to the student during the classes and so hereby fully and forever exonerate and discharge Michigan Xtreme, LLC, its staff, its owners, guests, agents and landlords from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of the student's participation in the class session and in the use of the facilities. As a parent or legal guardian of the participant named above, I do hereby authorize Michigan Xtreme, LLC, its staff, its owners, guests, agents and landlords, to seek any medical and/or surgical treatment which is reasonably thought to be necessary for the care of my child. I shall be fully responsible for honoring all costs necessary to provide medical treatment for my child. The undersigned hereby certifies that their child is physically able to participate at the camp or practice and that there are no impairments that would limit the participation in the programs. The undersigned hereby understands that wrestling is a sport, which involves intense physical contact between two individuals. The student will be involved in some intense training and competition including competitive wrestling. Injuries can and do occur during wrestling. The undersigned hereby grants permission for doctors and their designees to administer appropriate medical care, antigens, or injections, and to perform emergency procedures as necessary. I am informed that the Instructors listed above advise that you check with your physician before beginning an exercise program or participating in such an event. I also agree to inform the parties listed above including assisting instructors (in writing) if there are any changes in my health and/or injury status BEFORE participating in any training sessions or I hereby waive my right to claim damages from result of injury. I hereby consent to and authorize the taking of photographs or videotape in which I may appear for promotion of future Workshops or promotion. I hereby waive all rights to claims for libel and/or invasion of privacy in regards to such media.

Parent or Legal Guardian's (Print Name)

Date

Parent or Legal Guardian's Signature

Date

BRING APPLICATION TO: TTS Fitness 640 Arlington Ct. Middleville, MI 49333 or sign up online at www.ttsfitness.com

Class Pre-Registration required. No refunds. *No sessions on holidays, School Weather Closings and MHSAA dead periods.

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