



Monthly Pricing and Membership Options

5/27/22

Single Membership - **\$29** Couples Membership - **\$45** Family Membership - **\$60**

Membership Includes access to TTS Fitness during normal business hours, Kickboxing Cardio class for FREE and up to 40% off all premium fitness classes!! There are no sign up fees, maintenance fees or other hidden fees. Family memberships limited to 5 members within the same household. Students, military, fire, and police receive 10% discount off memberships. All Memberships require 12 month automatic payments to obtain this pricing. Pricing is subject to change without notice.

Add-On Pricing

<u>Add-Ons</u>	<u>Member Pricing</u>	<u>NON- Member Pricing</u>
Unlimited Classes per month BEST VALUE (12 Mo commitment)	\$50	N/A
Drop-In Pricing for any Fitness Classes	\$5	\$10
Personal Training Per-Session	\$30	\$45
Electronic Punch Cards (10 visits)	\$50	\$80

TTS Fitness is pleased to offer a variety of different fitness classes to meet your needs. Below is a list of classes that we offer. Please check our website calendar or our printed schedule for a complete list of days and times these classes are offered.

Classes offered

HIIT - High Intensity Interval Training
 Hard Core Cross Class add on (Monthly)
 Soul Fusion
 Traditional YOGA
 Restorative YOGA
 Kickboxing Cardio
 Pilates
 Pop up classes TBA

Hours of Operation

Monday - 5:00am to 8:00pm
 Tuesday - 5:00am to 8:00pm
 Wednesday - 5:00am to 8:00pm
 Thursday - 5:00am to 8:00pm
 Friday - 5:00am to 7:30pm
 Saturday - 5:00am to 12:00pm
 Sunday - Closed